

## What are the clinical benefits of CBD?



1

### Chronic pain relief<sup>1</sup>

Effective in managing neuropathic and psychogenic pain. A study published in the Journal of Pain in 2020 found that CBD significantly reduced pain intensity in patients with fibromyalgia.



2

### Improvement in mood and quality of life<sup>2</sup>

Beneficial for patients with neuropsychiatric comorbidities such as depression and anxiety. A study published in the Journal of Clinical Psychology in 2019 found that CBD reduces anxiety symptoms in individuals with social anxiety disorder.



3

### Anti-inflammatory properties<sup>3</sup>

Useful in rheumatic conditions and other inflammatory diseases. A review in Current Opinion in Rheumatology in 2020 showed that CBD has significant anti-inflammatory effects in animal models of arthritis.



4

### Immune modulation<sup>4</sup>

Helps regulate immune responses, which is beneficial in autoimmune diseases. A review published in the International Journal of Molecular Sciences in 2023 evaluated the immunomodulatory effects of CBD documented in various preclinical and clinical studies.



#### BlissCBD Oil

**Presentation:** Oil in concentrations of 5%, 10%, 15%, and 30% in 10 ml bottles.  
**Mode of Use:** Apply 3-4 drops to the skin or as recommended by a professional.

**Safety and Tolerability:** Non-psychoactive, with THC concentrations < 0.01%.

**Highlight:** BlissCBD OIL is a Full Spectrum oil, which takes advantage of the "entourage effect." This means that the combination of multiple components of the cannabis plant works together to offer broader and deeper benefits compared to isolated CBD.

**An effective and safe therapeutic option for patients looking to improve their overall well-being.**

#### BlissCBD Cream

**Presentation:** Cream available in 100 ml and 200 ml.  
**Mode of Use:** Apply three times a day on clean skin with a gentle massage until fully absorbed.

**Safety and Tolerability:** Formulated with natural ingredients, no reported adverse effects.

**Highlight:** Contains pure CBD extract, essential oils, and eggshell membrane for synergistic action.  
**Ideal for soothing, providing comfort, and well-being in localized areas.**

#### BlissCalm

**Presentation:** 60 soft gel capsules.  
**Mode of use:** Take 2 capsules a day.

**Safety and tolerability:** Natural ingredients, easy digestion, and good tolerability.

**Highlight:** Plant-based alternative to fish-sourced fatty acids, cold-pressed to preserve properties.

**Effective as a supplement for body balance and overall well-being.**

#### BIBLIOGRAPHIC REFERENCES

1. Van de Donk T, Niesters M, Kowal MA, et al. "An experimental randomized study on the analgesic effects of pharmaceutical-grade cannabis in chronic pain patients with fibromyalgia." *Journal of Pain*. 2020;21(6-7):637-651. [PubMed Link](#)
2. Blessing EM, Steenkamp MM, Manzanares J, et al. "Cannabidiol as a Potential Treatment for Anxiety Disorders." *Journal of Clinical Psychology*. 2019;75(5):748-758. [PubMed Link](#)
3. Hammell DC, Zhang LP, Ma F, et al. "Transdermal cannabidiol reduces inflammation and pain-related behaviours in a rat model of arthritis." *Current Opinion in Rheumatology*. 2020;32(2):256-262. [PubMed Link](#)
4. Martini, S., Gemma, A., Ferrari, M., Cosentino, M., & Marino, F. (2023). Effects of Cannabidiol on Innate Immunity: Experimental Evidence and Clinical Relevance. *International Journal of Molecular Sciences*, 24(4), 3125. <https://doi.org/10.3390/ijms24043125>. Disponible en: MDP1

## Blisscare

Blisscare S.L.U  
931 998 634 | 911 091 598  
info@blisscare.es  
blisscarelab.com

Blisscare

CBD Therapy

## CBD Therapy

Blisscare's CBD therapy offers a natural and effective solution for relief, comfort, and well-being.



## Terapia CBD

Blisscare's CBD therapy offers a natural and effective solution for relief, comfort, and well-being. It is backed by scientific evidence and formulated to the highest quality standards.

Blisscare's CBD products are designed to offer a natural and effective solution for patients' overall comfort and well-being. Blisscare has developed a range of products based on Cannabidiol (CBD), a non-psychoactive component of cannabis known for its therapeutic benefits. Our product line includes oils, creams, and soft gels, all formulated to the highest quality standards. These CBD-rich products modulate the body's endocannabinoid system (ECS), which plays a crucial role in regulating various physiological functions, including pain perception and the promotion of well-being.

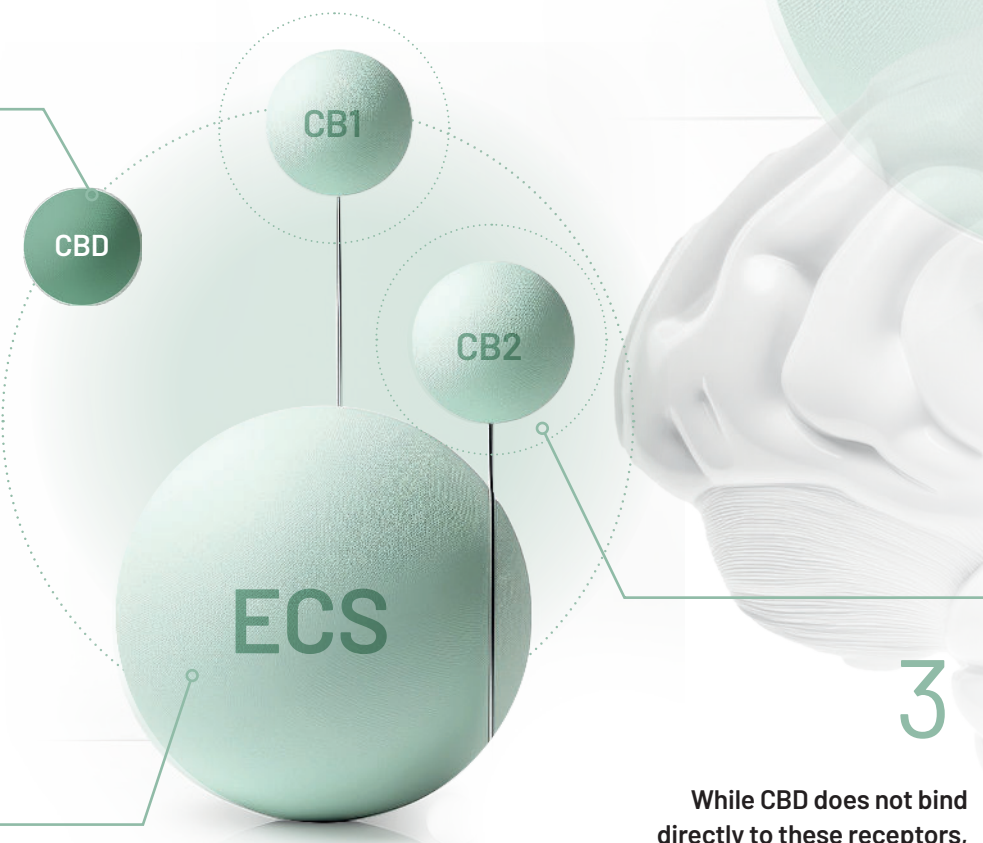
### WHAT IS CBD?

CBD (Cannabidiol) is a non-psychoactive phytocannabinoid derived from the cannabis plant, specifically from hemp seed oil. Unlike THC (tetrahydrocannabinol), CBD does not produce narcotic effects, making it a safe option for various therapeutic applications.

### HOW DOES CBD WORK IN THE BODY?

1

CBD interacts with the endocannabinoid system (ECS), an intercellular communication system involved in modulating physiological processes such as pain perception, immune response, and homeostasis.



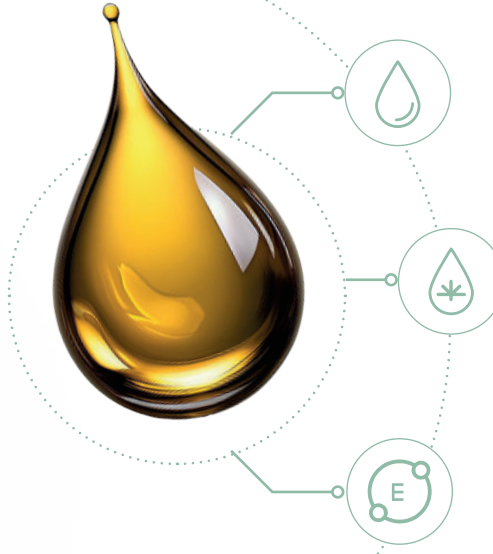
2

The ECS is composed of cannabinoid receptors (CB1 and CB2) located in the central nervous system, the immune system, and other tissues.

3  
While CBD does not bind directly to these receptors, it modulates their activity, influencing pain perception and exerting anti-inflammatory and neuroprotective effects.

## BlissCBD Oil

BlissCBD Oil is a hemp seed oil enriched with cannabidiol (CBD) extract, available in concentrations of 5%, 10%, 15%, and 30%. This Full Spectrum oil is designed to enhance quality of life and overall well-being without psychoactive effects.



### ACTIVE INGREDIENTS

#### Hemp Seed Oil

Nutrient-rich organic base.

#### CBD Extract

Interacts with the endocannabinoid system, helping to modulate pain and improve general well-being.

#### Tocopheryl Acetate

Absorbable form of Vitamin E, known for its antioxidant, moisturizing, and skin-healing properties.

### KEY BENEFITS

- ✓ **Quality of Life Improvement**  
CBD interacts with the endocannabinoid system, helping to modulate pain perception and improve overall well-being.
- ✓ **Full Spectrum**  
Contains a variety of cannabinoids, flavonoids, and terpenes that work synergistically to enhance the therapeutic effect of CBD.
- ✓ **Cold CO<sub>2</sub> Extraction**  
Ensures the purity and potency of CBD, maintaining its therapeutic properties.
- ✓ **Non-Psychoactive**  
Contains less than 0.01% THC, ensuring no psychoactive effects.

### HOW IS BLISSCBD OIL OBTAINED?

CBD is derived from hemp seed oil through a cold CO<sub>2</sub> extraction process. This method ensures the purity of the CBD and preserves its therapeutic properties, guaranteeing it is free of THC. The hemp seed oil used is 100% organic, ensuring the quality of the final Full Spectrum product. This means it contains not only CBD but also other natural cannabinoids, flavonoids, and terpenes. These compounds work synergistically to enhance the therapeutic effect of CBD. This approach takes advantage of the so-called "entourage effect," where the combination of multiple components of the cannabis plant works together to offer broader and deeper benefits compared to isolated CBD.



## BlissCBD Cream

BlissCBD Cream is a topical cream designed to provide relief, comfort, and well-being to the skin. It contains a unique combination of Cannabidiol (CBD) extract, eggshell membrane, and essential oils that work together to soothe, comfort, and enhance overall well-being.



\*Free of silicones and parabens. Made with natural ingredients.

### KEY BENEFITS

- ✓ **Soothing and Anti-inflammatory Properties:** Various essential oils can help relieve pain and have an anti-inflammatory effect, while also providing a refreshing feeling.
- ✓ **Natural and Safe Composition:** Free of THC, ensuring no psychoactive effects.
- ✓ **Localized and Effective Application:** Ideal for relieving discomfort in specific areas of the body, providing immediate and long-lasting comfort and well-being.

### ACTIVE INGREDIENTS

**Cannabidiol (CBD) Extract:** Acts on the endocannabinoid system to help modulate pain and overall well-being without psychoactive effects.

**Hemp Seed Oil:** Rich in essential fatty acids that nourish and strengthen the skin barrier.

**Eggshell Membrane:** A natural source of collagen, chondroitin sulfate, hyaluronic acid, and glucosamine, which improve skin health and elasticity.

**Essential Oils Complex:** Includes extracts of poppy flower, arnica, calendula, hypericum, and tea tree, known for their soothing and anti-inflammatory properties.

**Essential Oils of Sage, Wintergreen, and Camphor:** Contribute to anti-inflammatory action and provide a refreshing sensation.

**Menthol:** Produces a cooling sensation upon application, which helps to soothe the skin.

## BlissCalm

BlissCalm is a dietary supplement in soft gel capsules, formulated with cold-pressed organic hemp seed oil. The optimal ratio of essential fatty acids Omega 6 and Omega 3 in hemp oil has anti-inflammatory effects.

### ACTIVE INGREDIENTS

**Hemp Seed Oil:** Rich in Omega 6 and Omega 3, essential for the proper functioning of the body.

**Linoleic Acid:** Contributes to cardiovascular health and helps regulate metabolism.

### KEY BENEFITS

- ✓ **Metabolic Balance and Anti-inflammatory Properties:** The optimal ratio of essential fatty acids Omega 6 and Omega 3 in hemp oil has anti-inflammatory effects.
- ✓ **Cardiovascular Health:** Omega 3 (EPA and DHA) contributes to the maintenance of normal heart function.
- ✓ **Easy Ingestion and High Bioavailability:** The soft gel capsules facilitate ingestion and ensure precise dosage.

