

The best treatment for joint care!

Comprehensive formula that supports joint health, helps relieve pain, and improves mobility with scientifically backed ingredients.

Blisscolágeno ONE is an innovative dietary supplement designed to enhance joint health through the combination of Naticol® marine collagen peptides and other key ingredients. This product is formulated to provide comprehensive support for joints, helping to reduce pain and inflammation while **promoting normal collagen formation**.

COMPOSITION



Naticol® Marine Collagen Peptides®

Helps maintain the elasticity and firmness of your joints.



Glucosamine

Promotes cartilage regeneration and alleviates joint pain.



Chondroitin

Contributes to cartilage health and reduces joint inflammation.



MSM (Methylsulfonylmethane)

Increases nutrient bioavailability and acts as a potent antioxidant and anti-inflammatory agent.



Bamboo dry extract

Helps fix calcium in bones and is essential for remineralization.



Boswelia dry extract

A plant with anti-inflammatory and analgesic properties.



Vitamins and Minerals

Essential nutrients for energy metabolism and overall cell health.

WHO CAN TAKE IT?



Patients with osteoarthritis.



Athletes with joint wear due to physical activity.



Elderly individuals experiencing joint wear and decreased mobility.

CLINICAL BENEFITS

✓ Helps Reduce Inflammation¹

The combination of ingredients, including MSM and Boswellia extract, can help reduce joint inflammation, according to clinical studies.

✓ Helps Reduce Pain

Glucosamine and Chondroitin help maintain healthy joints and may contribute to relieving joint pain.

✓ Normal Collagen Formation

The combination of Naticol[®] marine collagen peptides and MSM supports normal collagen formation, essential for joint health.

✓ Increases Cartilage Elasticity

Naticol[®] marine collagen peptides have been shown in clinical studies to improve the elasticity and resilience of cartilage.

✓ Joint Maintenance

MSM, in combination with Glucosamine, can support the maintenance of joints and cartilage structure.



SCIENTIFIC EVIDENCE^{2,3,4} FOR NATICOL[®]

Naticol[®] is a registered brand of marine collagen peptides that has been the subject of multiple scientific studies. Evidence shows that Naticol[®] marine collagen peptides:

- **Improve elasticity**, indicating positive effects on connective tissues.
- **Reduce joint pain and improve mobility in individuals with osteoarthritis.**
- **Promote cartilage regeneration and reduce joint inflammation.**

DIRECTIONS FOR USE

30 sachets. It is recommended to take one sachet per day, preferably during breakfast, dissolved in water. This method of administration ensures optimal absorption and bioavailability of the active ingredients.

Blisscolágeno ONE is an effective and safe option for the treatment of joint conditions, offering proven benefits that can improve patients' quality of life. Its **advanced formulation with scientifically backed Naticol[®] marine collagen peptides**, makes it a valuable product for doctors and patients in managing joint health.

BIBLIOGRAPHIC REFERENCES

Blisscollagen ONE has been formulated with scientifically backed ingredients to ensure it is effective in providing comprehensive joint support, helping to reduce pain and inflammation.

1. Notarnicola et al., "Methylsulfonylmethane and boswellic acids versus glucosamine sulfate in the treatment of knee arthritis: Randomized trial." (*Int J Immunopathol Pharmacol*, 2016).
2. Lacey S, and al. (2019) *JOJCS.MS.ID.555783*.
3. S. M Tyree and al. (2021) *JOJCS.MS.ID.555850*.
4. M. Rahabi et al. (2022) *European Journal of Nutrition*, 61(4):2051-2066.

NUTRITIONAL VALUE	DAILY DOSE	%NRV*
	(1 sachet per day)	
Marine collagen peptides	1.350 mg	-
Glucosamine sulfate	473,7 mg	-
Chondroitin sulfate	390 mg	-
MSM	300 mg	-
Bamboo dry extract	180 mg	-
Boswellia dry extract	150 mg	-
Zinc	10 mg	100%
Manganese	1 mg	50%
Copper	1.000 µg	100%
Vitamin C	45 mg	56,25%
Vitamin B1	1,1 mg	100%
Vitamin B2	1,4 mg	100%
Vitamin B3	16 mg	100%
Vitamin B5	6 mg	100%
Vitamin B6	1,4 mg	100%
Vitamin B9	200 µg	100%
Vitamin B12	2,5 µg	100%
Biotin	50 µg	100%

NRV*: Nutrient Reference Value